



### FIND YOUR PURPOSE & JOY

#### Rejuvenate

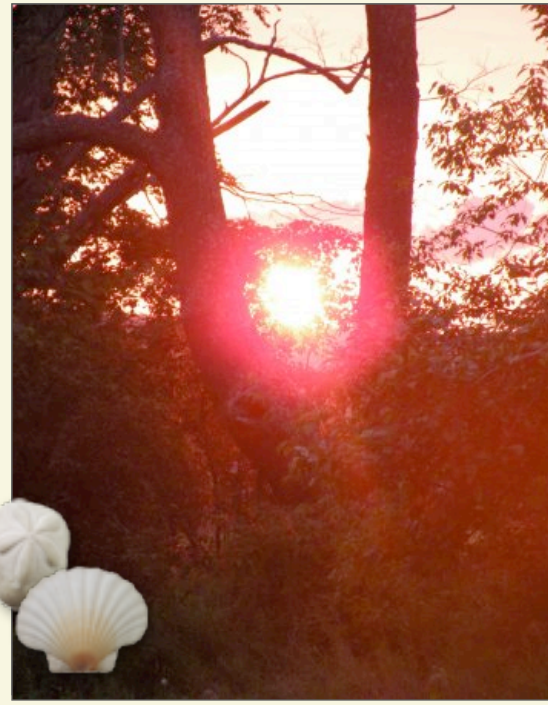
Bring renewal to your body with gentle yoga, shaman energy healing, organic meals & Ayurveda health insights. Your mind finds peace as your individual questions are offered insight through psychic & medium readings.

#### Discover

Experience a greater connection with nature, wildlife & horses & bring greater meaning and power to your life and dreams.

#### Celebrate

Life is graceful, vibrant, beautiful, and abundant. Shed old behaviors and beliefs and watch yourself express the abundant creativity & joy of life.



8-GUESTS ONLY  
EXCLUSIVE WEEK

BRING YOUR FAMILY,  
FRIENDS, COLLEAGUES,  
OR MEET NEW FRIENDS

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REDISCOVER YOUR VISIONS

REGISTER  
[WWW.PEACEANDPARADISE.COM/  
EDUCATION/WORKSHOPS/SHAMAN-  
HORSE-ADVENTURES/](http://WWW.PEACEANDPARADISE.COM/EDUCATION/WORKSHOPS/SHAMAN-HORSE-ADVENTURES/)

PEACE AND PARADISE FARM  
607.783.9492

# HORSES

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## SHAMAN ADVENTURE



✿ RECONNECT ✿

Experience an exclusive week of renewal, discovery, & celebration as you ride trails, discover nature, and receive private psychic & medium readings and shaman energy flow. Eight guests will connect with horses on a deeper level; as they heal and guide you, and help you celebrate your joyful life.



# Reconnect With Yourself



*Cowboy Swami Shaman D.Sc. is the author of Ayurveda Encyclopedia, Bhagavad Gita for Modern Times, has been teaching meditation & yoga for 34 years, Ayurveda & Vedic Astrology for 22 years. He has taught riding, is recognized as a Shaman, & blends his psychic gifts as spiritual advisor.*

*Shaman John is a Native Shaman, Martial Artist, Reiki Master, Artist, Musician, Dowser/Geomantic Practitioner, Reiki Master, and has been working with gifted kids for 16 years.*



## THE PROGRAM

YOGA & MEDITATION

TRAIL RIDING & HORSE CONNECTION

PERSONAL PSYCHIC & MEDIUM READINGS & SHAMAN ENERGY FLOW

CONNECT WITH NATURE —  
RECOGNIZE PLANTS & HERBS

FRESH, ORGANIC MEALS

70 SEQUESTERED ACRES WITH  
LABYRINTH

## A WEEK OF PARADISE

You wake up to the sounds of silence, or maybe the birds chirping; fresh air smells of the trees enlighten and inspire you as you practically float out of bed for the day's adventures.

Start the day with gentle yoga on the great lawn as the sun is still rising & cool. A light organic breakfast with freshly brewed herbal teas (& coffee for the hard core) nurture your body with fuel for the morning.

Trail riding in magical Relay State Preserve's mountain forest brings you a sense of oneness between nature, your horse and yourself that goes beyond words.

Group gatherings review your goals for the week and help you process them.

Next you have two hours for an organic lunch and free time.

To help you gain insights, healings, and energy, afternoons find you meeting individually with a psychic, medium, & shaman — hand-picked for their giftedness & nurturing. Group gatherings review natural tips for health, energy, and life purpose & how to integrate them in your life.

Tea time, nature walks with plant & wildlife experts, and free time offer quieter activities & experiences. After dinner connect through bonfire & drumming (bring your drums, bells, flutes, guitars, etc. ~ everyone can participate)



## FRIDAY SEP 24 - FRIDAY OCT 1

### PAYMENTS

DEPOSIT	\$1,000 *	DUE 31 AUG
BALANCE	\$4,000	DUE SEP 10

\* DEPOSIT IS NONREFUNDABLE  
ALL INCLUSIVE PACKAGE